



Local HIV Services

Using peer support to tackle stigma and discrimination, improve health outcomes and quality of life



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Brigstowe – One-to-One Peer Mentoring



Been an integral Brigstowe service for 8 years

Was part of Project 100

Approx 60 mentors trained

Currently 15 mentors which includes 4 senior mentors

Also have a team of clinic mentors

Training now co-delivered by mentors who have attended train the trainer

Funding started in 2015 from The National Lottery Community Fund. Initially for 5 years but was awarded a further 5 in continuation funding until 2025

Trained 1 Youth Clinic Mentor in partnership with CHIVA to attend new young people transitioning from paediatrics to adult HIV care clinics.



Brigstowe – Group Peer Mentoring



Service called 'All-In'

Delivered in partnership with THT Bristol

Mix of social events and HIV specific workshops

Connecting people to their community

6 Peer Facilitators

Living Well Workshop

Friends & Family workshop

U=U workshop delivered in a second language

97% attendees reported feeling better connected to other PLWHIV

100% attendees reported an improvement in their knowledge or skills



Brigstowe – Peer Mentoring Works!



Dedicated service- Dedicated Funding- Dedicated Peer Support Coordinator

Highlighted as a particular success in our 2022 GSK IMPACT Award win

Positive Voices Service has immeasurably strengthened Brigstowe and gave life to our Campaigns and Fundraising work

Army of empowered activists- increased visibility

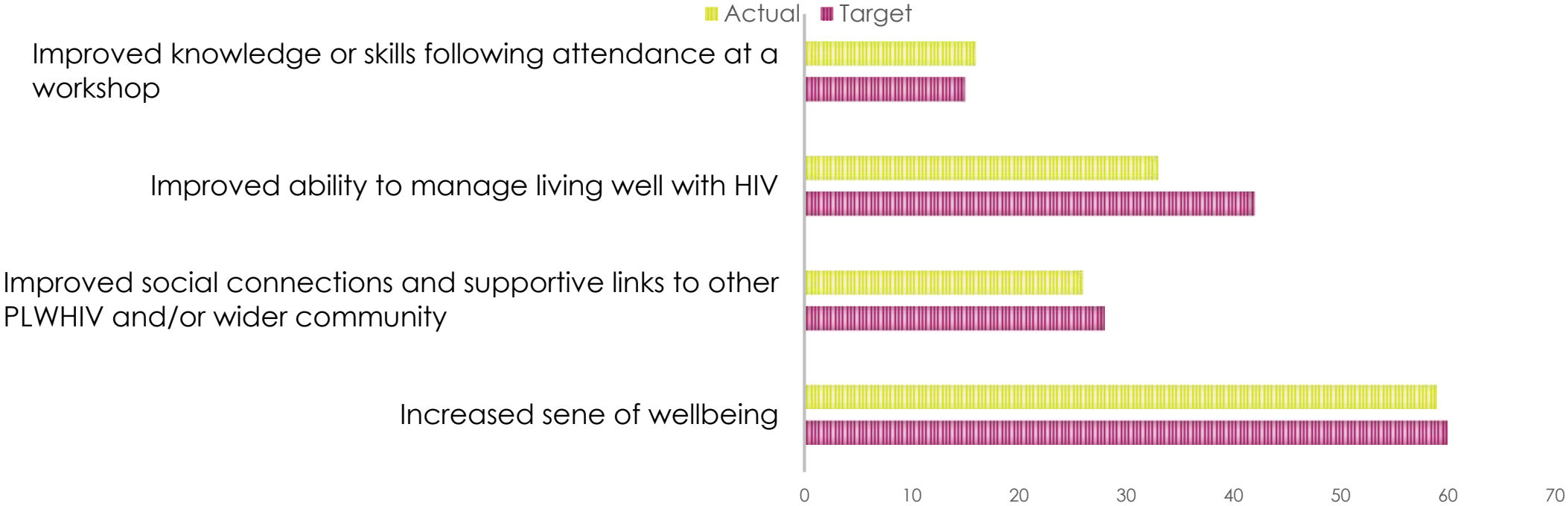
3 previous mentors now work full time at Brigstowe

Success of HIV peer mentoring has led to us being commissioned to deliver peer mentoring for other long term health conditions and protected characteristics



OUTCOMES

REPORTING YEAR 2021 - 2022



Quotes

““The more I met with XXX ([mentor] the more we talk about interesting things like going on holiday and working out how much medication to take, how to speak to a doctor who does not have up to date knowledge of HIV and dealing with their reaction.”

“The workshop helped me to be able to open up when I am dating as well as helping me think about when to disclose or not”

“The process of thinking through my journey has been really helpful. I didn't know I've come so far, I'm proud of myself”

“The trip meant I got to see old faces and meet new ones, it's so great meeting and chatting with old and new friends. I would like to do more trips like this!”

“It was a very confusing time at first and then it slipped into a very dark time and now my situation is I've come to terms with things and I've accepted it and I can carry on about my life as if it's not affected me. I've since told my mum and we are probably the closest we have ever been.”

“I was a bit lost, and now I feel like I'm back on track with making decisions and being comfortable with my status because of all the tips, support and options I was given.”

