



# LGBTQ+ BPOC Health Equity and Advocacy



Scan the QR Code  
to Access the  
Toolkit



**Black Beetle Health**  
Health - Wellbeing - Equality

**HIV  
PREVENTION  
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# Presenter Disclosures



## Patrick Ettenes (he/she)

Consultant Peer-reviewer, *Black Beetle Health* | Consultant Lived Experience Advisor | Co-founder Bring Dementia OUT | Public Speaker | Published Writer

- **Independent Consultancy:** Bring Dementia OUT, LGBT Foundation, Dementia United, Alzheimer's Europe
- **Boards:** Alzheimer's Society, *Trustee*
- **Guest Lecturer:** Manchester, Liverpool, and De Montfort Universities



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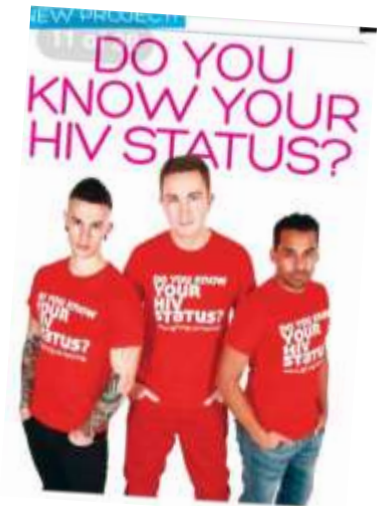
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# Flashback: Spot the difference.

- Internal and external **stigma**
- Lack of **research**
- Lack of **advice**
- Lack of proper **counselling and support groups**
- No **awareness campaigns** around U=U and sex positivity
- Fear of **disclosure**
- **Alienation** of ethnic and racial minorities
- Lack of **forward planning**
- Psychological behaviour towards **fetishisation** associated with **HIV acquisition**



2006



# Flashforward: What do we know now?

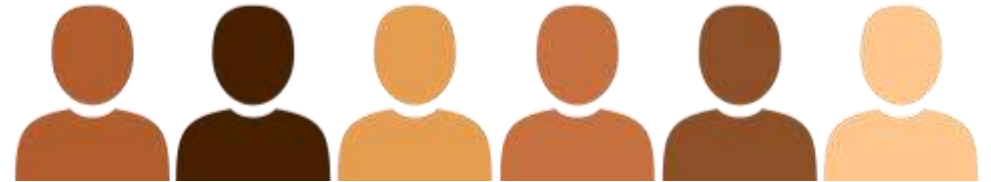
One in five (20%) Black and Minority Ethnic LGBTQ+ people have experienced **unequal treatment** from healthcare staff because they are LGBTQ+, compared to one in eight (13%) LGBTQ+ people overall (Stonewall, 2018).

## Most common negative experiences cited:

- Inappropriate questions or curiosity (6%),
- Specific needs ignored or not taken into account (5%),
- Avoiding treatment/services for fear of discrimination...(4%).

*(National LGBT Survey, 2021, p. 165)*

Highest rates of HIV transmission continue to be seen in gay, bisexual and other men who have sex with men as well as across Black African people in the UK (UKHSA, 2021).



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# Representation and Visibility

- Have you ever seen a medical drawing that illustrated a Black body?
- In 2021, an image of a Black foetus in the womb went viral, which social media users said they had never seen.
- **Chidiebere Ibe**, a Nigerian medical student, defines himself as a self-taught medical artist. He says to have spent at least a year learning to sketch anatomy, focusing on Black skin every step of the way.
- **Representation matters.**



*(NBC News, 2021)*



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# What are BBH's Goals

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**Addressing  
Misinformation**



**Educating**



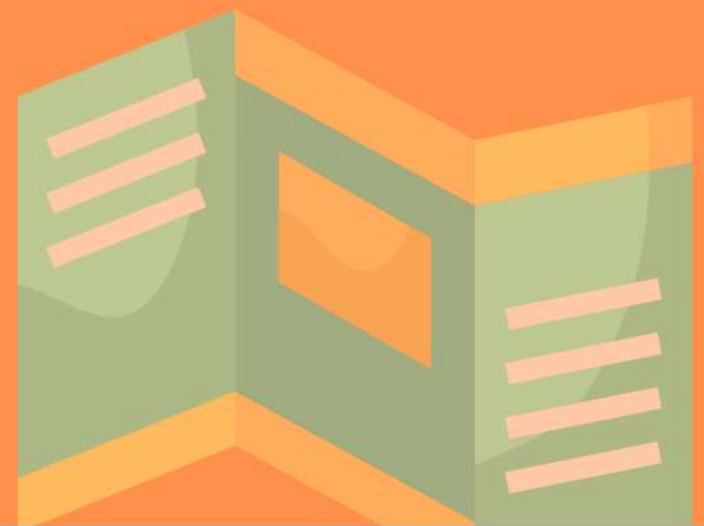
**Signposting**



**Empowering**

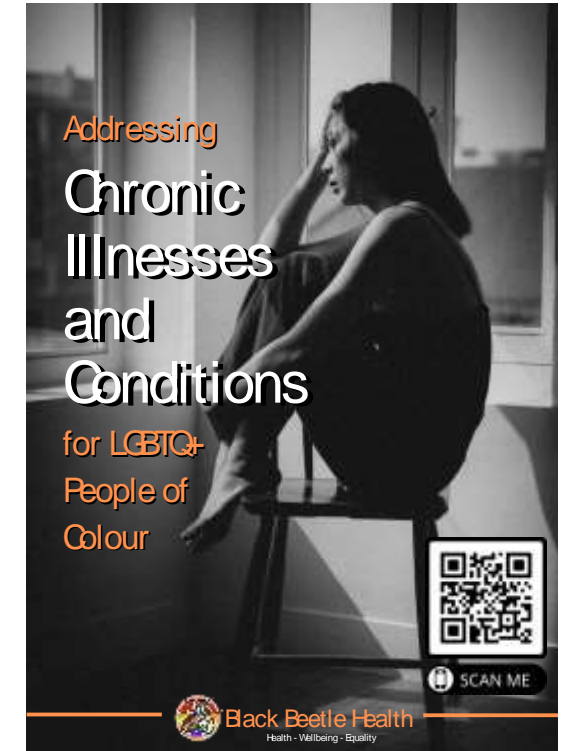
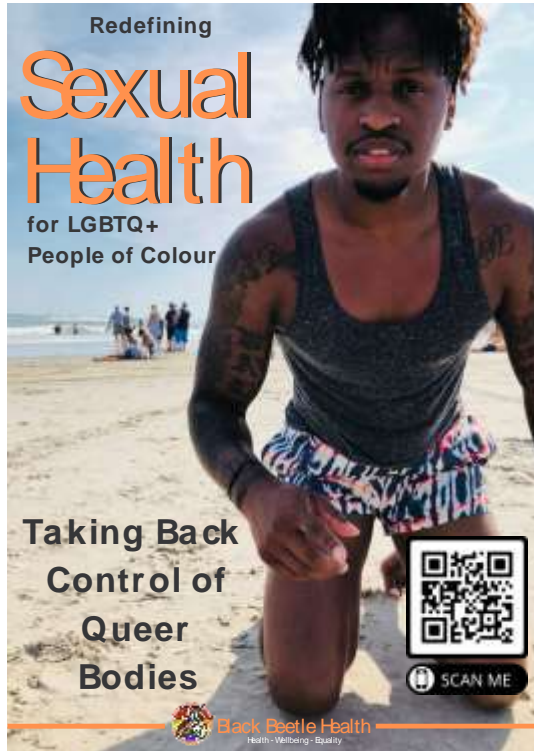


# Health Education and Promotion Resources for LGBTQ+ BPoC





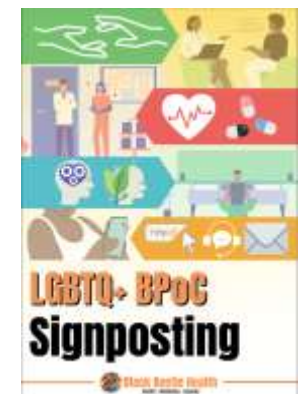
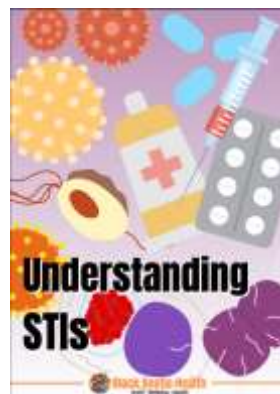
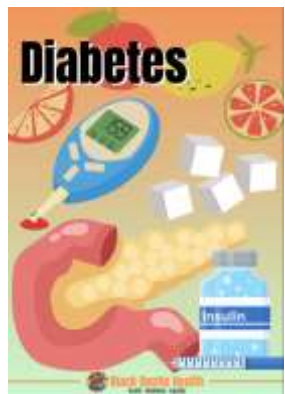
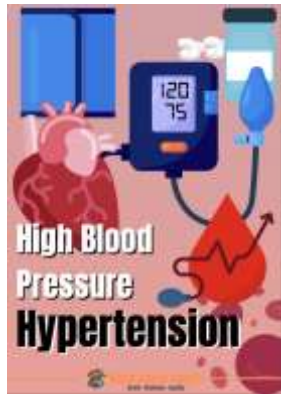
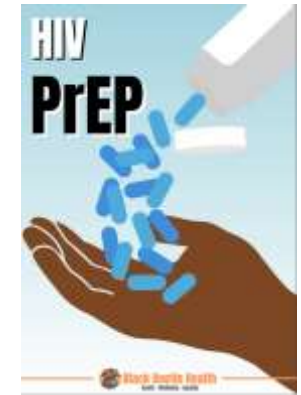
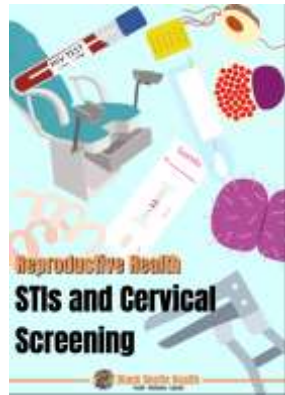
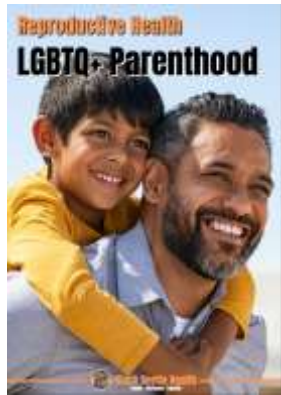
# Core Health Guides



- Share for **access to information** on managing health and **signposting** to relevant organisations.
- QR Code-enabled posters can be put up across clinical and health/wellbeing settings for people to easily engage with and access.



# Health Sub Guides



- The **health sub guides** are an extension of our health guides.
- Provides a brief overview of the options readers have, enabling them to make more informed, non-hierarchical decisions about their health and wellbeing.

# New: LGBTQ+ BPoC Health Equity and Advocacy Toolkit

These can all be found within our **LGBTQ+ BPoC Health Equity and Advocacy Toolkit**, showcasing:



- Training Programmes & Seminars



- Free health and wellbeing resources around sexual health, mental health, chronic illnesses and reproductive health



- And more opportunities to improve your knowledge around the experiences of LGBTQ+ folk of colour in healthcare



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# Toolkit

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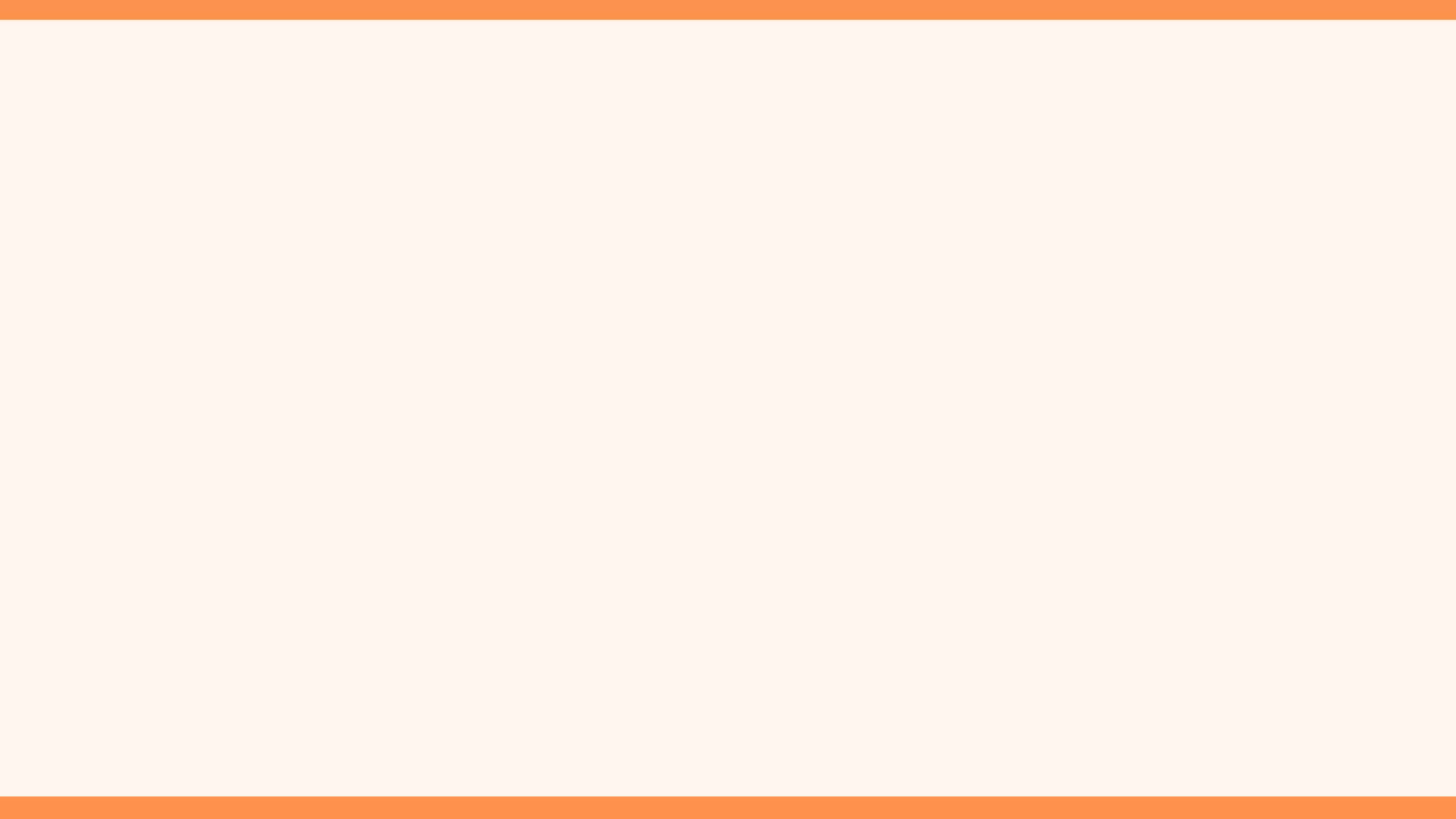
The work we do is **evidence-based** and **peer-led, peer-reviewed** and **community driven**. We aim to address the misinformation around healthcare for LGBTQ+ communities of colour and inform decision making around health.

## Who is it for:

Anyone who is working in health and social care, sexual or reproductive health, chronic illnesses, mental health or wellbeing. This could include:

- NHS workers (healthcare assistants, nurses, doctors)
- Therapists, counsellors, psychotherapists, clinical supervisors
- Social workers, youth workers







**Wishing you the very best of health.**

**Thank You!**



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